University Center for Academic Excellence
Study Smarter Workshop Schedule Fall 2016
All workshops held in Colvard 2006 (except where indicated)
*Check UCAE website for registration information*

Workshops last up to 45 minutes. All workshop topics can also be covered in a Personal Academic Consultation (PAC). PACs and Computer Lab Workshops do not satisfy PILOT and Wellness Passport requirements.

**Becoming a Critical & Reflective Thinker**
- 11:00 am Tue Oct. 18
- 6:00 pm Mon Nov. 7
- 3:30 pm Wed Nov. 30

**Bounce Back From Setbacks**
- 11:00 am Wed Oct. 12
- 2:00 pm Thu Oct. 20
- 3:30 pm Wed Oct. 26
- 6:00 pm Thu Nov. 3

**Communicating with Your Professor & Succeeding in a Large Class**
- 9:30 am Thu Oct. 6
- 5:30 pm Wed Nov. 2
- 2:00 pm Mon Nov. 14

**Discover Your Learning Style**
- 6:00 pm Wed Sept. 21
- 12:30 pm Tue Oct. 4
- 3:30 pm Mon Oct. 24
- 9:30 am Thu Nov. 3

**Finding Your Motivation**
- 12:30 pm Fri Oct. 21
- 9:30 am Tue Nov. 1
- 11:00 am Mon Nov. 7
- 6:00 pm Thu Nov. 17
- 12:30 pm Tue Nov. 29
- 10:00 am Wed Dec. 7

**Goal Setting**
- 2:00 pm Thu Sept. 29
- 10:00 am Mon Oct. 17
- 3:30 pm Thu Oct. 27
- 12:30 pm Fri Nov. 4
- 11:00 am Tue Nov. 8
- 3:30 pm Wed. Nov. 16
- 6:00 pm Mon Nov. 28

**Group Work Made Easy**
- 6:00 pm Wed. Oct. 5
- 9:30 am Mon Oct. 24
- 11:00 am Fri Nov. 11
- 12:30 pm Thu Nov. 17
- 2:00 pm Mon Nov. 28
- 3:30 pm Wed Dec. 7

**Mindset Matters**
- 11:00 am Mon Oct. 3
- 12:30 pm Thu Oct. 27
- 3:30 pm Tue Nov. 15
- 6:00 pm Wed Nov. 30

**I’m Stressed**
- 9:30 am Wed Oct. 26
- 12:30 pm Mon Oct. 31
- 3:30 pm Tue Nov. 8
- 2:00 pm Thu Nov. 17
- 11:00 am Fri Dec. 2
- 6:00 pm Wed Dec. 7

**Maximizing Your Budget**
- 10:00 am Mon Oct. 31
- 12:30 pm Tue Nov. 8
- 6:00 pm Wed. Nov. 16
- 3:30 pm Thu Dec. 1

**Navigating Online Classes**
- 10:00 am Tue Sept. 6
- 12:30 pm Wed Sept. 14
- 5:30 pm Mon Sept. 19

**Organization 101**
- 6:00 pm Thu Oct. 20
- 10:00 am Tue Oct. 25
- 5:30 pm Wed Nov. 9

**Pain-Free Presenting**
- 3:30 pm Wed Oct. 12
- 2:00 pm Tue Oct. 25
- 9:30 am Wed Nov. 9
- 12:30 pm Mon Nov. 14
- 5:30 pm Thu Dec. 1

**Preparing for Your Advising Appointment**
- 10:00 am Wed Oct. 5
- 3:30 pm Thu Oct. 13
- 6:00 pm Mon Oct. 17

**Prepping for Tests**
- 12:30 pm Mon Sept. 26
- 3:30 pm Tue Oct. 4
- 5:30 pm Thu Nov. 10
- 11:00 am Wed Nov. 16
- 2:00 pm Thu Dec. 1
- 9:30 am Mon Dec. 5

**Resource Rundown**
- 9:30 am Wed Aug. 31
- 12:30 pm Fri Sept. 9
- 6:00 pm Thu Sept. 15

**Study Smarter**
- 10:00 am Thu Sept. 22
- 3:30 pm Mon Oct. 3
- 6:00 pm Wed Oct. 12
- 2:00 pm Wed Nov. 9
- 12:30 pm Fri Nov. 18
- 11:00 am Mon Nov. 28
- 3:30 pm Tue Dec. 6

**Time Management**
- 3:30 pm Thu Sept. 8
- 12:30 pm Fri Oct. 7
- 2:00 pm Mon Oct. 17
- 5:30 pm Wed Oct. 26
- 10:00 am Thu Nov. 10

**Tips for Better Note-taking & Reading**
- 9:30 am Wed Sept. 28
- 5:30 pm Thu Oct. 6
- 12:30 pm Tue Nov. 1
- 3:30 pm Mon Nov. 7

**Understanding Liberal Studies Courses**
- 2:00 pm Wed Oct. 5
- 10:00 am Thu Oct. 13
- 5:30 pm Mon Oct. 24

**Wellness for Academic Success**
- 6:00 pm Mon Oct. 3
- 11:00 am Fri Oct. 28
- 2:00 pm Wed Nov. 2
- 3:30 pm Thu Nov. 10
- 10:00 am Tue Nov. 15
- 9:30 am Wed Nov. 30
- 12:30 pm Tue Dec. 6

**Computer Lab Workshops**
Located in Colvard 2330
*Limited to 7 participants

iSucceed
- 12:30 pm Thu Sept. 1
- 6:00 pm Wed Sept. 7
- 9:30 am Mon Sept. 12

Microsoft Excel Basics
- 3:30 pm Tue Oct. 18
- 11:00 am Thu Nov. 3
- 5:30 pm Mon Nov. 14

LASSI
- 12:30 pm Thu Oct. 20
- 10:00 am Wed Nov. 2
- 2:00 pm Tue Nov. 29

PowerPoint Perfection
- 11:00 am Fri Oct. 14
- 12:30 pm Tue Oct. 25
- 6:00 pm Mon Nov. 21
Becoming a Reflective Thinker
Learn how to express your personal reactions to course content and university experiences.

Bounce Back From Setbacks
Discover tips to help get you refocused and stay motivated throughout the semester.

Communicating with Your Professor and Succeeding in a Large Class
Learn to communicate more effectively with your professor and develop a relationship that promotes academic success, along with tips on how to be successful and establish your presence in a large class.

Discover your Learning Style
Increase awareness of your learning style preference and strategies to accommodate your learning style.

Finding Your Motivation
Explore motivation and personal accountability, and learn how to tap into them in order to take control of your academic success.

Goal Setting
Identify short and long term goals, and create a specific, realistic, and well-informed action plan for achieving them.

Group Work Made Easy
Learn ways of working in groups to effectively complete projects and assignments.

I’m Stressed
Increase your awareness of stress and how to minimize stressors in your lives.

iSucceed
Become familiar with UNCC technology (Canvas, my.uncc.edu, Starfish) and various apps to help you succeed in college.

LASSI
Come take the Learning and Study Strategies Inventory, then learn through a results interpretation about strategies to help you be successful in college.

Maximizing Your Budget
Learn about budgeting, how credit cards work, and how to graduate with minimal debt.

Microsoft Excel Basics
Learn how to input data, format cells, create charts and graphs, and use built-in Excel functions.

Mindset Matters
Through exploring the Growth Mindset, learn how perception can influence development in academics and beyond.

Navigating Online Classes
Explore the differences you’ll find when taking online or hybrid classes and learn ways to be successful in this course format.

Organization 101
Learn about traditional and new electronic/app-based methods that can help you organize your schoolwork and your life.

Pain-Free Presenting
Discover how to create a dynamic presentation and show your audience that you are truly a “SUPERSTAR!!”

PowerPoint Perfection
Bring a PPT you are working on or use our basic template to explore the bells and whistles you can add to a presentation to make it stand out from the crowd.

Preparing for Your Advising Appointment
Get the most from your advising appointment by taking just a few minutes to prepare with us.

Prepping for Tests
Discover ways to improve your chances of making an “A” on your next exam, mid-term, or final.

Resource Rundown
Increase your awareness of campus resources that promote academic success and a stronger connection to Niner Nation.

Study Smarter
Learn helpful tips to process content in a timely and effective manner for successful course completion.

Time Management
Learn to effectively organize your time and tasks so you can accomplish your goals.

Tips for Better Note-taking & Reading
Maximize your note-taking and reading skills to grasp the main concepts and ideas from lectures and textbooks.

Understanding Liberal Studies Courses
Get the inside scoop on Liberal Studies courses and methods to succeed in them.

Wellness for Academic Success
Maximize your academic potential with health tips that will affect your outer and inner self.

Accommodations for persons with disabilities will be provided upon request. Contact Rasheda Sykes at 704-687-7840 two weeks in advance for accommodations.

UCAE Hours
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<tr>
<th>Days</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Mon-Thurs</td>
<td>8 am – 8 pm</td>
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<td>Fri</td>
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<td>Sun</td>
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