

University Center for Academic Excellence

Study Smarter Workshop Schedule Fall 2017

All workshops held in Colvard 2006 (except where indicated)

CheckUCAE website for registration information

ucae.uncc.edu

Workshops last up to 45 minutes. All workshop topics can also be covered in a Personal Academic Consultation (PAC). Personal Academic Consultations do not satisfy PILOT and Wellness Passport requirements.

Bounce Back From Setbacks

- __ 3:30 pm Wed Oct. 11
- __ 11:00 am Fri Oct. 13
- __ 2:00 pm Mon Oct. 16
- __ 6:00 pm Thu Oct. 19
- __ 10:00 am Tue Oct. 24

Communicating with Your Professor & Succeeding in a Large Class

- __ 11:00 am Fri Sept. 29
- __ 5:30 pm Thu Oct. 12
- __ 12:30 pm Wed Nov. 1
- __ 9:30 am Tue Nov. 14
- __ 3:30 pm Thu Nov. 30

Discover Your Learning Style

- __ 11:00 am Mon Sept. 18
- __ 6:00 pm Thu Oct. 26
- __ 3:30 pm Wed Nov. 8
- __ 12:30 pm Tue Nov. 28

Finding Your Motivation

- __ 12:30 pm Fri Sept. 15
- __ 3:30 pm Tue Oct. 3
- __ 6:00 pm Mon Oct. 16
- __ 11:00 am Thu Oct. 19
- __ 9:30 am Mon Oct. 30
- __ 3:30 pm Wed Nov. 1
- __ 2:00 pm Tue Nov. 7
- __ 11:00 am Mon Dec. 4

Goal Setting

- __ 2:00 pm Tue Sept. 19
- __ 9:30 am Thu Oct. 5
- __ 6:00 pm Wed Oct. 11
- __ 12:30 pm Fri Nov. 3
- __ 3:30 pm Mon Nov. 13
- __ 5:30 pm Thu Nov. 30

Group Work Made Easy

- __ 12:30 pm Fri Oct. 6
- __ 2:00 pm Thu Oct. 26
- __ 11:00 am Tue Nov. 7
- __ 6:00 pm Mon Nov. 20
- __ 10:00 am Wed Nov. 29

I'm Stressed

- __ 2:00 pm Mon Oct. 2
- __ 12:30 pm Tue Oct. 24
- __ 3:30 pm Mon Oct. 30
- __ 6:00 pm Thu Nov. 9
- __ 5:30 pm Wed Nov. 15
- __ 11:00 am Fri Dec. 1

Maximizing Your Budget

- __ 10:00 am Thu Oct. 26
- __ 5:30 pm Mon Nov. 6
- __ 12:30 pm Tue Nov. 14
- __ 3:30 pm Wed Nov. 29

Mindset Matters

- __ 11:00 am Wed Oct. 4
- __ 5:30 pm Thu Nov. 2
- __ 12:30 pm Wed Nov. 8
- __ 2:00 pm Tue Nov. 14
- __ 3:30 pm Mon Nov. 27

Navigating Online Classes

- __ 12:30 pm Tue Sept. 5
- __ 3:30 pm Wed Sept. 13

Organization 101

- __ 6:00 pm Thu Aug. 31
- __ 12:30 pm Thu Sept. 21
- __ 2:00 pm Wed Oct. 4
- __ 10:00 am Mon Nov. 27

Pain-Free Presenting

- __ 3:30 pm Tue Oct. 17
- __ 10:00 am Thu Nov. 16
- __ 6:00 pm Mon Nov. 27

Preparing for Your Advising

- __ **Appointment**
- __ 12:30 pm Thu Oct. 12
- __ 11:00 am Tue Oct. 17
- __ 6:00 pm Mon Oct. 23

Prepping for Tests

- __ 9:30 am Wed Sept. 27
- __ 10:00 am Tue Oct. 3
- __ 11:00 am Fri Oct. 27
- __ 6:00 pm Mon Nov. 13
- __ 2:00 pm Thu Nov. 30
- __ 5:30 pm Tue Dec. 5

Resource Rundown

- __ 2:00 pm Wed Aug. 30
- __ 10:00 am Thu Sept. 14
- __ 6:00 pm Mon Sept. 25

#StudyHacks

- __ 11:00 am Fri Sept. 8
- __ 5:30 pm Mon Oct. 2
- __ 3:30 pm Thu Oct. 19
- __ 9:30 am Tue Oct. 31
- __ 10:00 am Thu Nov. 2
- __ 2:00 pm Wed Nov. 8
- __ 12:30 pm Mon Nov. 13
- __ 2:00 pm Tue Nov. 28

There's an App for That!

- __ 9:30 am Thu Nov. 9
- __ 3:30 pm Wed Dec. 6

Time Management

- __ 3:30 pm Thu Sept. 7
- __ 10:00 am Mon Oct. 16
- __ 2:00 pm Tue Oct. 24
- __ 6:00 pm Wed Nov. 1
- __ 11:00 am Fri Nov. 10
- __ 5:30 pm Thu Nov. 16
- __ 9:30 am Tue Nov. 28

Tips for Better Note-taking & Reading

- __ 6:00 pm Mon Sept. 11
- __ 2:00 pm Thu Oct. 5
- __ 3:30 pm Wed Oct. 25
- __ 9:30 am Tue Nov. 7
- __ 12:30 pm Fri Nov. 17

Understanding Liberal Studies Courses

- __ 11:00 am Wed Oct. 25
- __ 12:30 pm Tue Oct. 31
- __ 2:00 pm Mon Nov. 6

Wellness for Academic Success

- __ 12:30 pm Fri Oct. 20
- __ 3:30 pm Tue Oct. 31
- __ 11:00 am Mon Nov. 6
- __ 2:00 pm Thu Nov. 16
- __ 6:00 pm Wed Nov. 29

Computer Lab Workshops

Located in Colvard 2212
***Limited to 7 participants**

Microsoft Excel Basics

- __ 12:30 pm Mon Oct. 23
- __ 2:00 pm Thu Nov. 2
- __ 3:30 pm Wed Nov. 15

PowerPoint Perfection

- __ 9:30 am Tue Oct. 17
- __ 5:30 pm Wed Oct. 25
- __ 3:30 pm Thu Nov. 9

Bounce Back From Setbacks

Discover tips to help get you refocused and stay motivated throughout the semester.

Communicating with Your Professor and Succeeding in a Large Class

Learn to communicate more effectively with your professor and develop a relationship that promotes academic success, along with tips on how to be successful and establish your presence in a large class.

Discover your Learning Style

Increase awareness of your learning style preference and strategies to accommodate your learning style.

Finding Your Motivation

Explore motivation and personal accountability, and learn how to tap into them in order to take control of your academic success.

Goal Setting

Identify short and long term goals, and create a specific, realistic, and well-informed action plan for achieving them.

Group Work Made Easy

Learn ways of working in groups to effectively complete projects and assignments.

I'm Stressed

Increase your awareness of stress and how to minimize stressors in your lives.

Maximizing Your Budget

Learn about budgeting, how credit cards work, and how to graduate with minimal debt.

Microsoft Excel Basics

Learn how to input data, format cells, create charts and graphs, and use built-in Excel functions.

Mindset Matters

Through exploring the Growth Mindset, learn how perception can influence development in academics and beyond.

Navigating Online Classes

Explore the differences you'll find when taking online or hybrid classes and learn ways to be successful in this course format.

Organization 101

Learn about traditional and new electronic/app-based methods that can help you organize your schoolwork and your life.

Pain-Free Presenting

Discover how to create a dynamic presentation and show your audience that you are truly a "SUPERSTAR!"

PowerPoint Perfection

Bring a PPT you are working on or use our basic template to explore the bells and whistles you can add to a presentation to make it stand out from the crowd.

Preparing for Your Advising Appointment

Get the most from your advising appointment by taking just a few minutes to prepare with us.

Prepping for Tests

Discover ways to improve your chances of making an "A" on your next exam, mid-term, or final.

Resource Rundown

Increase your awareness of campus resources that promote academic success and a stronger connection to Niner Nation.

#StudyHacks

Learn helpful tips to process content in a timely and effective manner for successful course completion.

There's an App for That!

Explore how technology and specific apps can facilitate your learning and academic success in college.

Time Management

Learn to effectively organize your time and tasks so you can accomplish your goals.

Tips for Better Note-taking & Reading

Maximize your note-taking and reading skills to grasp the main concepts and ideas from lectures and textbooks.

Understanding Liberal Studies Courses

Get the inside scoop on Liberal Studies courses and methods to succeed in them.

Wellness for Academic Success

Maximize your academic potential with health tips that will affect your outer and inner self.

Accommodations for persons with disabilities will be provided upon request. Contact Rasheda Sykes at 704-687-7840 two weeks in advance for accommodations.

UCAE Hours

Mon-Thurs	8 am – 8 pm
Fri	8 am – 5 pm
Sun	11 am – 8 pm